

More about the BWA Outreach Service

Voice

Voice is a support service for female victims of domestic violence living in the Brentwood, Rochford and Castle Point Districts. Please telephone an outreach worker on **01268 521666** to arrange a convenient appointment at a venue local to you.

Stay-Safe Floating Support Scheme – funded by Essex Supporting People

For service users requiring intensive support, we may be able to offer a formalised support plan and regular appointments with an outreach worker. On a time-scale appropriate to individual need, this service includes: on-going emotional support, general advice and some practical assistance, such as attending court, as well as signposting to other relevant agencies in the area.

Counselling Service

Subject to our waiting list and with the help of trained volunteers, the BWA outreach service delivers a free of charge and confidential humanistic counselling service. Counselling gives clients the opportunity to talk through their experiences with someone trained to listen, whilst allowing them the space to reflect and explore their thoughts and feelings.

Volunteering with BWA

Volunteering opportunities sometimes become available at the Parklands Women's Centre. Please telephone **01268 521666** to find out more.

Registered Charity No: 279777

Rev4: November 2005

Overview of Basildon Women's Aid

Basildon Women's Aid is a charitable organisation incorporating Basildon Women's Refuge, the Parklands Women's Centre and Voice.

Basildon Women's Aid provides support, advice and temporary accommodation to female victims of domestic violence. The confidential service is open to any woman and her children, irrespective of age, marital status, creed, colour, race, ethnic origin, sexual orientation, disability or medical status. In addition, the organisation provides an extensive programme of talks and training sessions to voluntary and statutory organisations and schools.

Basildon Women's Refuge

Basildon Women's Refuge (part of Basildon Women's Aid) is a provider of temporary accommodation to female victims of domestic violence and their children. The facilities consist of a large, well-equipped refuge in Basildon - a communal home with shared facilities, together with move-on accommodation located nearby. BWA support workers are on hand to offer residents advice and information on welfare/benefits, housing, schooling, women's rights and practical issues. Similarly, the children's workers support the residents in caring for the emotional and educational needs of their children. At the refuge, there is also access to counselling services and legal advice.

For further information about Basildon Women's Aid (and Basildon Women's Refuge), please contact:

Basildon Women's Aid
P O Box 51
Basildon
Essex SS14 0ND

Telephone: 01268 581591
Fax: 01268 581791
Email: refuge@basildonwa.org
Website: <http://www.basildonwa.org>

Parklands

womens centre

**Entrance 1, Parklands Centre,
Gloucester Park, Basildon
Telephone: 01268 521666
Fax: 01268 521115**

Support and information for female victims/survivors of abusive relationships

- *Have you ever felt scared of your partner?*
- *Has your partner been physically, emotionally, or sexually abusive to either you or your children?*
- *Do you ever feel isolated, lacking in confidence, in need of support and understanding?*

The Parklands Women's Centre is the home of Outreach support services provided by

 **Basildon Women's Aid**

Support, information and advice from the Parklands Women's Centre, Gloucester Park, Basildon

We are here to help you if:

- You are a woman (with or without children) living with an abusive partner. You may not know what to do, or where to turn. For various reasons, you may not want, or perhaps are not yet ready to enter a refuge. You are aware, however, that you cannot continue alone any longer, and need support and/or up-to-date information.

We are here to help you if:

- You are a woman (with or without children) who has separated from an abusive partner, but are still feeling confused, alone, lacking in confidence or just plain scared.

However, always remember:

- In an emergency, telephone the Police on **999** – they are there to help.
- Contact Basildon Women's Refuge on **01268 581591** if you **urgently** need to leave your home to escape from a violent or abusive relationship

Parklands Women's Centre – What to do next!

In the first instance, please telephone our help line:

01268 521666. We are happy to provide support, general advice and any information you require over the phone, or by face-to-face appointment. Similarly, we can give you information about refuges, assistance with finding refuge space, and look at other housing options. We can also help you access legal advice. Our opening days and times are:

Monday to Friday

9.30 am to 1.00 pm and 2.00pm to 5.00pm

In addition to the above and subject to assessment of suitability and our waiting lists, we may be able to offer you one or more of the following services:

- Floating Support
- Self Help and Support Groups
- One to one Counselling with a trained volunteer counsellor
- Personal Development Workshops and other ad-hoc training

You can find out more about our services by telephoning the above number or visiting our website:

<http://www.basildonwa.org>.

Alternatively, please contact us by email at **parklands@basildonwa.org**

How to find us

Gloucester Park South Entrance

From A127 - Take the A176 towards Billericay, follow round, at the roundabout turn right (3rd exit onto Upper Mayne). If travelling from Southend take the 1st exit.

Next roundabout go straight across (continue on Upper Mayne).

Next roundabout turn left (into Broadmayne).

IMMEDIATELY take the next slip road into Gloucester Park Swimming Pool.

From A13 - Take the A176 towards Basildon, (1st exit onto Nethermayne).

At the roundabout go across (3rd exit continue onto Nethermayne).

Next roundabout go straight across (A176).

Next roundabout turn right (2nd exit onto Broadmayne).

IMMEDIATELY take the next slip road into Gloucester Park Swimming Pool.

Follow past the swimming pool, go into the MAIN CAR PARK, bear right then left into the over spill car park. (Tennis courts will be to the left of you) Drive to the end and park. To the right we are in a beige building (PARKLANDS ENTRANCE 1)

Please call 01268 521666 or visit our website www.basildonwa.org for a map and more detailed instructions.