

## More about the BWA Outreach Service

### Voice

Voice is a support service for female victims of domestic violence living in the Brentwood, Rochford and Castle Point Districts. Please telephone an outreach worker on 01268 729707 to arrange a convenient appointment at a venue local to you.

### Stay-Safe Floating Support Scheme – funded by Essex Supporting People

For service users requiring intensive support, we may be able to offer a formalised support plan and regular appointments with an outreach worker. On a time-scale appropriate to individual need, this service includes: ongoing emotional support, general advice and some practical assistance, such as attending court, as well as signposting to other relevant agencies in the area.

### Counselling Service

Subject to our waiting list and with the help of trained volunteers, the BWA outreach service delivers a free of charge and confidential humanistic counselling service. Counselling gives clients the opportunity to talk through their experiences with someone trained to listen, whilst allowing them the space to reflect and explore their thoughts and feelings.

### Volunteering with BWA

Volunteering opportunities sometimes become available at the Parklands Women's Centre. Please telephone **01268 729707** to find out more.

Registered Charity No: 279777

REV 8 16/6/11

## Overview of Basildon Women's Aid

**Basildon Women's Aid is a charitable organisation incorporating Basildon Women's Refuge, the Parklands Women's Centre and Voice.**

Basildon Women's Aid provides support, advice and temporary accommodation to female victims of domestic violence. The confidential service is open to any woman and her children, irrespective of age, marital status, creed, colour, race, ethnic origin, sexual orientation, disability or medical status. In addition, the organisation provides an extensive programme of talks and training sessions to voluntary and statutory organisations and schools.

### Basildon Women's Refuge

Basildon Women's Refuge (part of Basildon Women's Aid) is a provider of temporary accommodation to female victims of domestic violence and their children. The facilities consist of a large, well-equipped refuge in Basildon - a communal home with shared facilities, together with move-on accommodation located nearby. BWA support workers are on hand to offer residents advice and information on welfare/benefits, housing, schooling, women's rights and practical issues. Similarly, the children's workers support the residents in caring for the emotional and educational needs of their children. At the refuge, there is also access to counselling services and legal advice.

**For further information about Basildon Women's Aid (and Basildon Women's Refuge), please contact:**

**Basildon Women's Aid**  
**P O Box 51**  
**Basildon**  
**Essex SS14 0ND**

**Telephone: 01268 581591**  
**Fax: 01268 581791**  
**Email: [refuge@basildonwa.org](mailto:refuge@basildonwa.org)**  
**Website: <http://www.basildonwa.org>**



**Felmores End,  
Felmores, Basildon,  
Essex SS13 1PN  
Telephone: 01268 729707**

### Support and information for female victims/survivors of abusive relationships

- *Have you ever felt scared of your partner?*
- *Has your partner been physically, emotionally, or sexually abusive to either you or your children?*
- *Do you ever feel isolated, lacking in confidence, in need of support and understanding?*

The Parklands Women's Centre is the home of Outreach support services provided by

 **Basildon Women's Aid**

# Support, information and advice from the Parklands Women's Centre, Felmores, Basildon

## We are here to help you if:

- You are a woman (with or without children) living with an abusive partner. You may not know what to do, or where to turn. For various reasons, you may not want, or perhaps are not yet ready to enter a refuge. You are aware, however, that you cannot continue alone any longer, and need support and/or up-to-date information.

## We are here to help you if:

- You are a woman (with or without children) who has separated from an abusive partner, but are still feeling confused, alone, lacking in confidence or just plain scared.

## However, always remember:

- In an emergency, telephone the Police on **999** – they are there to help.
- Contact Basildon Women's Refuge on **01268 581591** if you **urgently** need to leave your home to escape from a violent or abusive relationship.

## Parklands Women's Centre – What to do next!

In the first instance, please telephone our help line: **01268 729707**. We are happy to provide support, general advice and any information you require over the phone, or by face-to-face appointment. Similarly, we can give you information about refuges, assistance with finding refuge space, and look at other housing options. We can also help you access legal advice. Our opening days and times are:

**Monday to Friday  
9.30 am to 5.00 pm**

In addition to the above and subject to assessment of suitability and our waiting lists, we may be able to offer you one or more of the following services:

- Floating Support
- Self Help and Support Groups
- One to one Counselling with a trained volunteer counsellor
- Personal Development Workshops and other ad-hoc training

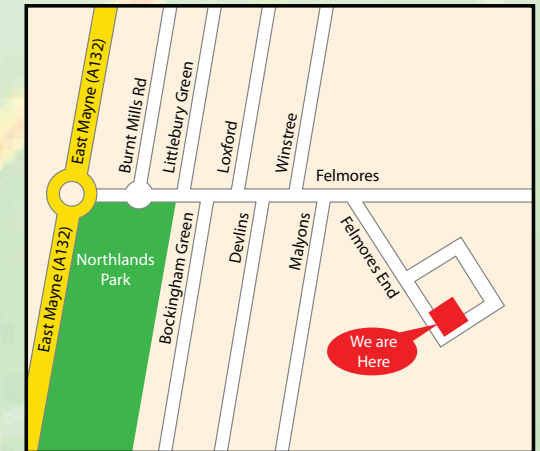
You can find out more about our services by telephoning the above number or visiting our website:

**<http://www.basildonwa.org>**.

Alternatively, please contact us by email at **[parklands@basildonwa.org](mailto:parklands@basildonwa.org)**

## How to find us

Postcode to Parklands is: **SS13 1PN**



**Please call 01268 729707 if you need more detailed directions.**